



lunch

in the HELIGAN KITCHEN

There's only 157 yards from kitchen garden to plate at Heligan. Our 2-acre productive garden produces 4.5 tonnes of fruit and vegetables each year and it forms the heart of our menu. Heligan Kitchen offers flavours inspired by the seasons so you can enjoy a taste of our heritage. If there's a hungry gap between crops, we support our local suppliers and producers.

Served 12pm until 3pm (Monday – Sunday)

Woodfired Pizza

Margherita	£12	Pork & Peaches	£15
tomato, basil		shredded rare breed pork, roasted peach, rocket, fior di latte mozzarella	
Woodland Funghi	£14	Garlic Bread	£8
mushroom, spinach, fior di latte mozzarella		Non-gluten Pizza Base	+£2
Pepperoni	£14		
tomato, fior di latte mozzarella			

* please note your pizza will be served to the table when it is ready, and may come separately to the rest of your order

Small Plates

Puffed Pork Crackling	£6
cider apple sauce	
Soup of the Day	£8
Heligan Bakery bread or scone	
Hickory BBQ Chicken Wings	£10
smoked garlic mayonnaise, spring onion, sesame seeds	
Kittows Pork Pie	£11
Heligan piccalilli, garden salad	

Would you like to enjoy a takeaway pizza in the garden?
Please order in Heligan Kitchen and collect from the Terrace

Little Gardeners

Cup of Soup	£6
Heligan Bakery bread	
Fish Finger Taco	£7
lettuce, cucumber, ketchup or mayonnaise	
Mini Ploughman's	£7
ham, cheese, apple, Heligan Bakery bread	
Woodfired Pizza	£7
choose from, margherita or pepperoni	

Big Plates

Roasted Courgette Panzanella Salad	£11
heritage tomato, onion, basil, croutons, lemon & dill yoghurt	
Summer Pea & Cucumber Salad	£11
seasonal peas, balsamic glaze, toasted sunflower seeds, mixed leaf	
Hummus Flatbread	£13
roasted peppers, peaches, garden salad, pickles, lemon & dill yoghurt	
Heligan Ploughman's	£15
Cornish cheese, roast beef, pickled onion, garden salad, mustard dressing, Heligan Bakery bread	
Rare Breed Lamb & Mint Burger	£15
chipotle mayonnaise, red onion, lettuce with woodfired potato, garden salad.	

Desserts

Heligan Bakery Cakes	From £3-£4.50	Ice Cream Sundae	£7
please view our cake display for today's cakes		Heligan cake, Callestick ice cream, sauce	



For meat reared on our estate

Allergen advice

Please be aware that our food may contain or come into contact with common allergens, such as dairy, eggs, mustard, sesame, celery, soybeans, tree nuts, peanuts, fish, shellfish or wheat.

For detailed allergen information, please speak to a member of the Heligan Kitchen team.





breakfast

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Served 9am until 11.30am (Monday – Sunday)

Breakfast

Breakfast Pastries £3
croissant or pain au chocolat, Boddington's jam

Heligan Bakery Toast £4
with Boddington's jam or marmalade

Granola & Greek Yoghurt £6
add berries, honey, or maple syrup

Breakfast Bagel £8
pastrami, fried egg, Heligan chilli jam, rocket

Breakfast Roll £8
any three items in Heligan Bakery bread:
Pen'n'tinny or vegetarian sausage, smoked bacon,
tomato, mushroom, hash brown or fried egg

Kitchen Garden Breakfast £12
vegetarian sausages, hash browns, mushroom,
tomato, beans, fried, scrambled or poached egg and
Heligan Bakery toast

Full Estate Breakfast £13
Pen'n'tinny sausages, smoked bacon, hash browns,
mushroom, tomato, beans, fried, scrambled or
poached egg and Heligan Bakery toast

Extra Breakfast Items £1.50 each
choose from Pen'n'tinny sausage, vegetarian sausage,
smoked bacon, hash brown, mushroom, tomato, beans,
fried, scrambled or poached egg

Little Gardeners

Croissant or Pain au Chocolate £3
Boddington's strawberry jam

Breakfast Waffle £7
Choose from,
bacon & maple syrup or berries & whipped cream

Ready to order?

Please order at the till giving
your table number and we
will serve you at your table

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- Non-gluten Containing Ingredient
- Vegan
- Vegetarian
- Non-gluten Containing Ingredient Option
- Vegan Option
- Vegetarian Option
- Nuts